



# Annual Report 2014-15



# Who we are and what we do

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Markfield is a community centre in Haringey which promotes the dignity, choice, independence and community inclusion of disabled people and their families. We provide a range of services for children, young people, adults and carers.



## The core values that underpin our work are:

- To focus on the needs of the whole family, to strengthen relationships and break down isolation
- To provide a safe and fun environment where disabled people are supported to 'be themselves'
- To hear and value service user voices, and influence change.

## Our charity's objectives for 2011-16 are to:

- Sustain and grow our core services
- Develop our inclusion information centre
- Build community unity
- Support disabled people to fulfil their dreams.

### Contact details

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This report shows the highlights of the year April 2014 to March 2015

The coming year is an exciting time as we are embarking on our strategic review and planning our objectives for our charity for the next five years.

# Services for children and young people

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We have continued to run our programme of **clubs and holiday playschemes** for disabled children and young people and siblings. These sessions make use of our fantastic facilities at Markfield, including a huge accessible adventure playground with climbing structures, zip wire, bonfire pit, swings, slides, and indoors our soft play room, computer room and music equipment. Children and young people can get involved in lots of different activities on the sessions to relax, make friends and have fun. These services are partly funded through a grant from Tottenham Grammar School Foundation, and through individual 'short breaks' personal budgets. Our **Saturday Open Access playground drop-in sessions**, funded by BBC Children in Need, give hundreds of local children and

their families access to Markfield's adventure playground. This year we extended this project to include work experience placements for 16-18 year olds to help them build skills and experience for working in an inclusive play setting as well as general employment skills.

**MPower** is Markfield's **Youth Participation Group** of 11-19 year olds with a range of needs. They have run a variety of projects over the last 9 years including raising funds to build the adventure playground at Markfield, training other young people about inclusion and setting up an online 'blog' to share their thoughts with a wider audience. This year the group has made representations to the local authority about the special education needs reforms, and campaigned against proposed cuts in public funding for local services for young disabled people.

The **Jack Petchey awards scheme** has enabled us to recognise outstanding contributions to Markfield by particular young people, and enabled them to choose how to spend the award money for the benefit of all young people who come to Markfield.

My son is very happy at Markfield and he loves going there. He is accepted for who he is and is always very excited. It gives me lots of comfort knowing he will be happy and is enjoying a lot of new experiences.  
Parent



# Services for adults with learning disabilities and autism

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Our daytime and evening social clubs for adults with learning disabilities have continued to be highly popular and successful, with emphasis on service users participating in the running of the sessions. These are partly funded through a grant from City Bridge Trust, a contract with Haringey Council, and partly from individual personal budgets.



**‘Markfield@Nite’** our Friday evening social club is run by an elected service user committee, which holds their own budget enabling them to learn leadership and financial management skills. Music is an important part of this session, and club members have developed their DJ skills, participated in yoga sessions and enjoyed restaurant and café outings. This year they hosted a local election hustings, where they asked questions to the candidates about issues that affect them. With funding from the ‘Tottenham Active’ programme, they have also enjoyed training in contemporary dance.

**‘Art Engine’** is a daytime session which gives adults with learning disabilities the chance to develop and showcase new arts based skills. This year they exhibited ceramic and prints at

the Park Studios open studios as well as at the Blackhorse Road Gallery. The group has also ran four organised group walks to amenities in the local area.

**‘All for One Club’** is an evening club for young adults with learning disabilities, autism or Asperger’s Syndrome. The sessions enable them to build social skills, participate in arts and sports activities and have trips to local social amenities in a relaxed and supportive session. They organised a one-day music festival at Markfield with a grant from ‘Superact’, which gave young people the chance to showcase music and performance skills.

**Travel training:** We have continued to offer travel training to young people and adults with learning disabilities to increase their knowledge of and confidence in using public transport, offer wider life experience and support service users to learn to travel independently on public transport.



# Family support services

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Our integrated family support services provide advice, information, training and support, empowering families to tackle the disadvantages they face and build mutual support. These services are funded by Big Lottery Reaching Communities, Haringey Council, Department for Education, Baily Thomas Trust, Bloomfield Trust and Family Action.

We run the Special Educational Needs and Disabilities **Information, Advice & Support Service** for Haringey, offering independent advice and support for parents/carers of children with Special Educational Needs and Disabilities (SEND) as well as directly to young people.

Our monthly **Family Club** offers families the chance to meet and socialise together, access advice, information and support in a friendly inclusive play environment.

**Advice and casework:** our advice surgeries at Markfield and other venues including Children's Centres and the local Child Development Centre give families advice and support with a range of issues, including disability benefits, behaviour management and help in accessing other resources and services.

Without Markfield I wouldn't have been able to fill in the form either for DLA or to request a statutory assessment for my son - now he is getting a much better education package from the Local Authority.

**Training workshops:** we run a programme of workshops for parents and carers on a variety of topics including: 'understanding the SEND system', 'positive behaviour management', 'Makaton', 'communication and developmental play', and 'creating visual aids and resources'. This supports parents

and carers to understand their rights and feel more confident in working positively and productively with professionals. As well as a structured training course for parents of under 5s: 'Stepping Stones' and a 12-week parenting course - 'Strengthening families strengthening communities'.

**Parents groups:** Our three weekly drop-in groups (including a Turkish-speaking group) enable families to build support networks and share skills and experiences, improve access to information, services and resources.

Parents group is great, we have a cup of tea, sometimes a massage and more importantly a time to rest, chat and spend time with good friends who share some of the same challenges. It's great we really help each other out.

**Parent participation:** Markfield facilitates the borough-wide parent/carer forum that gives parents of children with special educational needs a voice in the development of policy and practice in relation to the Government's SEN.

**Family befriending project:** This year we have further developed our volunteer project, which provides a 5-day training course to volunteers, and matches them with a family who has a disabled member. The volunteers provide spend time with the families, providing activities for disabled children & siblings, giving parents a chance to have a rest and combatting social isolation.

**Under 5s stay and play:** Our popular weekly stay and play drop-in for under 5s & parents and carers enables families to enjoy inclusive indoor and outdoor play activities, as well as getting support and advice from a Family Support Worker.

**Statement of financial activities (summary income and expenditure account) for the year ended 31 March 2015**

	Unrestricted Funds			2015 Total £	2014 Total £
	General Funds	Designated Funds	Restricted Funds		
	£	£	£		
<b>Incoming resources</b>					
<b>Incoming resources from generating funds:</b>					
Voluntary income				3,349	6,346
Activities for generating funds					
Investment income	558			558	594
Premises hire	11,355			11,355	14,742
Other income	4,998			4,998	697
<b>Incoming resources from charitable activities:</b>					
Services for children/youth	78,132		60,276	138,408	154,683
Adult services	65,154		34,371	99,525	73,230
Training / education / user development			6,995	6,995	12,122
Family support services	143,457		193,877	337,352	321,867
<b>Total incoming resources</b>	<b>307,022</b>		<b>295,519</b>	<b>602,541</b>	<b>584,281</b>
Resources expended					
Costs of generating funds:	8008			8008	10,773
Charitable activities					
Services for children/youth	78,854		57,441	136,295	161,921
Adult services	62,065		36,109	98,174	69,590
Training / education / user development	2,222		7,585	9,807	15,358
Family support services	142,910		194,942	337,852	325,158
Governance costs	11,434			11,434	11,393
<b>Total resources expended</b>	<b>305,493</b>		<b>296,077</b>	<b>601,570</b>	<b>594,193</b>
<b>Net incoming/(outgoing) resources</b>	<b>1,529</b>		<b>(558)</b>	<b>971</b>	<b>(9,912)</b>
<b>Reconciliation of funds:</b>					
<b>Total funds, brought forward</b>	<b>137,247</b>	<b>17,104</b>	<b>59,584</b>	<b>213,935</b>	<b>223,847</b>
<b>Total funds, carried forward</b>	<b>138,776</b>	<b>17,104</b>	<b>59,026</b>	<b>214,906</b>	<b>213,935</b>

**Members of the Executive Committee**

Markfield is governed by an Executive Committee who are made up of volunteers, service users, parents and carers, and are elected by members at the Annual General Meeting. The following people served as members of the Executive Committee during the year 2014-15: Michelle Abdin, Elizabeth Archer, Claire Bendall, Clare Croft-White, Frederick Guobadia, Warren Hoskins (Treasurer), Dee Kushlick-Williams (Chair), John Larkin, Melian Mansfield, Charity Omungu, Jeremy Spooner, Councillor Vincent Caroll & Councillor Felicia Opoku.  
Company Secretary: Claudia Rawlinson

**Our funders during 2014-15 were:**

London Borough of Haringey, Baily Thomas Charitable Fund, James Baker, Big Lottery Fund, BBC Children In Need, Bloomfield Trust, City Bridge Trust, Department for Education, Family Action, Jack Petchey Foundation, Park Studios, Sainsbury's Community Budget, Superact, Together North London, Tottenham Grammar School Foundation, Haringey Voluntary Sector Investment Fund and other individual donors.

**Opinion**

In our opinion the summarised financial statement is consistent with the full financial

statements and the Executive Committee's Annual Report of the Markfield Project for the year ended 31 March 2015. Ramon Lee and Partners September 2015

**Auditors**

Ramon Lee and Partners, Kemp House, 152-160 City Road, London EC1V 2DW

**Bankers**

The Co-operative Bank, PO Box 250, Delf House, Skelmersdale, WN8 6WT

CCLA Management Ltd, 80 Cheapside London EC2V 6DZ